



Covenant/Permission Slip 2010 **for** _____

Student

As a participant in the 30 Hour Famine, I understand that my behavior not only affects my experience but also the experiences of those around me. Therefore, in order to allow God to fully work in me and others, I enter into the following covenant:

- This weekend is not about me.
- I will have an attitude of flexibility, cooperation, appropriateness and love for everyone.
- I will stay with the group at all times and participate in all activities and service projects, group discussion, reflection and worship.
- I will not use foul language; it's just not acceptable!
- I will surrender my cell phone and all electronics. (This weekend is a fast from excess as well as from food.)
- I will not use alcohol or drugs or have them with me.
- I will not enter the sleeping quarters of the opposite sex.

- ___ I need to arrive late.
___ I need to leave early.
___ I need to follow a modified fast.

I understand that if I break this covenant, my parents may be called and I may be sent home at any time.

Student Signature _____

Parent

I give my permission for my son/daughter to participate in the 30 Hour Famine.

Phone number(s) during the Famine _____

Parent Signature _____